

Dunlavin Family Practice

Dunlavin

Co Wicklow

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Dear.....

We have enrolled you in the Chronic Disease Management Programme.

This is so we can monitor your

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This is a national programme that we are partaking in, in Dunlavin Family Practice, to aim to improve the medical management of these conditions.

We will be arranging to do your bloods approximately 6 monthly.

We will be taking blood pressure, weight, waist circumference, and foot examination if needed.

If needed, we will do 24hr blood pressure monitors and ECG/ heart tracings.

We will be reviewing your medications and asking if you have any concerns about them

We will be asking if you have any life adjustments or goals you would like to meet between visits, (for example giving up smoking, or reducing alcohol, improving exercise.)

This programme is aiming to keep an eye on these conditions you have and do our best to keep you out of hospital and well as best we can.

We have started this programme in late 2020 and so far, we have already seen the benefits for people.

Your next appointment is

We hope 2021 will be a better year for us all and look forward to looking after you.

Kind regards

Dunlavin Family practice.